

2nd annual
INTERMOUNTAIN CHALLENGE 2009



Twin Falls/CSI



Kaizen Judo



Salt Lake City



Treasure Valley



Intermountain
Yudanshakai



North Glenn



Timberline



Ore-Ida



Boise Valley

Emmett

December 12, 2009
Twin Falls, Idaho
USJF sanction number 09-12-01



2nd Annual Intermountain YDK Challenge 2009



Saturday December 12th, 2009
USJF sanction number 09-12-01

Tournament Director: Bret Holmes, Bryan Matsuoka

Tournament Coordinators: Bryan Matsuoka, Chris Carney

Head Referee: Bob Suyehira

Event Medical: Barbara Porter

Awards: High quality unique awards to be given for 1st, 2nd, and 3rd places.

Eligibility: Contestants currently registered with USJA, USJF, or USA Judo. USJF registration will be available at the event.

Venue: College of Southern Idaho Gymnasium
315 Falls Ave
Twin Falls, ID 83301

Fee: \$30.00 for each division and \$10 for each additional division,
[MUST BE POSTMARKED BY THURSDAY December 5TH 2009](#)
[Or you can register at the event. Early registration would be greatly appreciated.](#)

Weigh-in: 7:30 a.m. to 9:00 a.m. Saturday December 12th, 2009 at venue site.
10:00 a.m. start time / referee meeting 9:30 am
Referee attire: white polo shirt/ black slacks/ black socks

[Mail All Entries and Fees to:](#)

(Checks Payable to: Intermountain YDK)

2009 Intermountain YDK Challenge
1886 N 450 E
North Ogden, Utah 84414
(801) 920-7696
kaizenjudodojo@gmail.com

JUNIOR and INTERMEDIATE DIVISIONS

Male and female: 5-6, 7-8, 9-10, 11-12, & 13-14 15-16 Years Old

Light, Middle, Heavy weights

(There may be co-ed competition for 8 and under)

SENIOR DIVISIONS

- **Novice Male & Female Light, Middle, Heavy weights**
- **Men's and Women's (Brown & Black Belt):**
(All non-black belts must complete a non-black belt waiver.)

Men LW MW LH HW
Women LW MW LH HW

COMPETITION RULES

All matches will be conducted using the current IJF Contest Rules with the following modifications:

- There may be co-ed competition for 8 and under
- Full Double Elimination and Round Robin may also be used for small divisions.
- Shime-waza (choking) allowed in 13 years old and older divisions
- Kansetsu –waza (arm-bar) allowed in Black Belt divisions only

2 minute matches in these divisions

Juniors (5 to 12 Years Old)

3 minute matches in these divisions

Intermediates (13-16 Years Old) and Senior Novice Division

5 minute matches in these divisions

Brown & Black Belt Division

IMPORTANT NOTE -White Gis are Mandatory, Blue Gis are Optional

- Contestants divisions can be changed at the discretion of the tournament's management.**

2ND Annual Intermountain Yudanshakai Challenge 2009
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Official Division Entry Form

Name _____ Phone (____) _____

Address _____ E-Mail _____

City/State/Zip _____ Date of Birth _____

Dojo _____ Rank _____ Weight _____ Age _____ M/F _____

Insurance Provider/Proof of Registration USJI/USJF/USJA # _____

Expiration date: _____

**THIS APPLICATION MUST BE ACCOMPANIED BY A RELEASE
FORM**

CERTIFICATE REGARDING NON-BLACK BELT PARTICIPANTS

I, _____, a Judo Instructor who has been awarded the rank of Shodan or higher under the auspices of US Judo Federation, US Judo, Inc., or US Judo Association, hereby certify that

_____,
although not having been awarded the rank of Shodan or higher, is of sufficient aptitude and skill in Judo to participate in the above named Judo event.

PLEASE ATTACH A COPY OF INSTRUCTOR'S RANK CERTIFICATE.

Participant Signature

Date

Instructor Signature

Date

Parent or Guardian Signature

Date

if participant is under 18 years of age

FOR TOURNAMENT OFFICIAL USE ONLY

Insurance Verified by _____ Entry Fee Verified by _____

Completed Forms Verified by _____

<i>Date/ Time</i>	<i>Location</i>	<i>Description</i>
Saturday		Dec 12, 2009
8:00 AM –		Weigh-ins And Registrations
8:00 – 8:30 AM		10 years and under weigh-ins
8:31 – 9:00 AM		11 – 16 years old weigh-ins
9:30 – 10:00 AM		Referee and Officials Meeting: Mr. Robert Suyehira
9:30 AM		Junior Competitors Warm-up
10:00 AM		Opening Welcome
10:15 AM		Junior Competition
12:00 p.m.		Senior Competition starts or at completion of Junior Competition
		Clean-up