



Western Idaho Judo Institute

MEMORANDUM

TO: All Judo Instructors
FROM: Robert Fukuda
RE: Joint Workouts For 2008 (USJF event # 08-01-15)
DATE: January 17, 2008

We hope that this memo finds all of you in good health and spirits. For 2008, Emmett Judo Club, Idaho State University Judo Club, Twin Falls/College of Southern Idaho Judo Club, and Western Idaho Judo Institute, would like to extend an invitation to you and your dojo to attend and participate in a series of joint workouts throughout 2008. Please find attached the following materials:

- General information memo (this memo)
- Workout registration form with waiver & release

There is no fee to participate and you are free to video record the instruction.

Participant general requirements:

1. Primarily for high school age & older
2. 12 & 13 year olds are fine, but they must be prepared to do newaza with shimewaza
3. Decent physical condition
4. Should have current membership with insurance in USJA, USA Judo, or USJF.
5. Clean judogi(s)
6. Zori/slippers or other footwear when off the tatami. Please no bare feet.

The host for each workout is responsible for:

1. Providing the workout venue
2. Providing copies of the paperwork for participants to complete
3. Checking everyone's membership to make sure that it is valid & current
4. Running the workout

Workout format will generally be:

1. 2-session format with some instruction provided by the hosts
 - A. Newaza in the morning
 - B. Break for lunch
 - C. Tachiwaza in the afternoon
2. The hosts have the option of modifying the format



General schedule:

1. This following schedule is what will generally be used
 - A. 9:45 AM - check in & paperwork
 - B. 10:00 AM - newaza session starts
 - C. 12:00 PM - break for lunch
 - D. 1:30 PM - tachiwaza session starts
 - E. 3:30 PM - finish up & go home
2. The hosts have the option to modify the times

2008 Schedule:

1. Includes:
 - A. Intermountain YDK events
 - B. Daiheigen YDK events
 - C. Regional & national events
2. January
 - A. January 19, (SAT) – Pat Burris Clinic, Salt Lake City, UT
 - B. January 26, (SAT) – Ore-Ida Judo Tournament, Ontario, OR
3. February
 - A. February 10, (SUN) - SJB Sensei Memorial Tourney, San Jose, CA
 - B. February 16, (SAT) – JOINT WORKOUT @ CSI, Twin Falls, ID
 - C. February 23, (SAT) – McCall Tourney, McCall, ID
4. March
 - A. March 8, (SAT) - Boise Valley Tournament, Caldwell, ID
 - B. March 9, (SUN) - New York Open, NY
 - C. March 15, (SAT) - JOINT WORKOUT @ ISU, Pocatello, ID
 - D. March 29-30, (SAT-SUN) – Youth, Scholastic, & Collegiate Natls, Chippewa, WI
5. April
 - A. April 5, (SAT) – TF/CSI Tourney, Twin Falls, ID
 - B. April 11-12, (SAT-SUN) – Senior National Championships, Virginia Beach, VA
 - C. April 12, (SAT) – JOINT WORKOUT @ WIJI, Fruitland, ID
 - D. April 19, (SAT) – Emmett Tourney, Emmett, ID
 - E. April 26, (SAT) – Northglenn Tourney, Denver, CO



Western Idaho Judo Institute

6. May
 - A. May 3, (SAT) – Kaizen Tourney, Ogden, UT
 - B. May 8-10, (THU-SAT) – Pan American Championships, Miami, FL
 - C. May 10, (SAT) – JOINT WORKOUT @ ISU, Pocatello, ID
 - D. May 11, (SUN) – PJU Zone 1 Cup, Miami, FL
 - E. May 17, (SAT) – Intermountain West Regional Tourney, Salt Lake City, UT
 - F. May 17-18, (SAT-SUN) – Grassroots High School Nationals, Honolulu, HI
 - G. May 18, (SUN) – Okubo Tourney, Sacramento, CA

7. June
 - A. June 13, (FRI) – Olympic Trials, Las Vegas, NV
(52kg W, 63kg W, 70kg W, 66kg M, 90kg M, 100kg M, 100+kg M)
 - B. June 14, (SAT) – Olympic Trials, Las Vegas, NV
(48kg W, 57kg W, 78kg W, 78+kg W, 60kg M, 73kg M, 81kg M)
 - C. June 15, (SUN) – Olympic Trials, Las Vegas, NV
(Wrestling – Freestyle & Greco-Roman)
 - D. June 21, (SAT) – JOINT WORKOUT, Emmett, Emmett, ID
 - E. June 28-29, (SAT-SUN) – USJA Jr. Nationals, Boston, MA

8. July
 - A. July 5-6, (SAT-SUN) – USJF Jr. Nationals, Chicago, IL
 - B. July 12, (SAT) – JOINT WORKOUT, TBA, TBA
 - C. July 19-20, (SAT-SUN) – Jr. US Open, Fort Lauderdale, FL
 - D. July 26-27, (SAT-SUN) – Jr. Olympics, Orlando, FL

9. August
 - A. August 9, (SAT) – Olympic Games, Beijing, China (48kg W, 60kg M)
 - B. August 10, (SUN) – Olympic Games, Beijing, China (52kg W, 66kg M)
 - C. August 11, (MON) – Olympic Games, Beijing, China (57kg W, 73kg M)
 - D. August 12, (TUE) – Olympic Games, Beijing, China (63kg W, 81kg M)
 - E. August 13, (WED) – Olympic Games, Beijing, China (70kg W, 90kg M)
 - F. August 14, (THU) – Olympic Games, Beijing, China (78kg W, 100kg M)
 - G. August 15, (FRI) – Olympic Games, Beijing, China (78+kg W, 100+kg M)
 - H. August 16, (SAT) – JOINT WORKOUT, TBD, TBD
 - I. August 30, (SAT) – Fall Classic, TBD, TBD
 - J. August 31, (SUN) – Ladder Tourney, TBD, TBD

10. September
 - A. September ???, (SUN) – East Bay Invitational, San Francisco, CA
 - B. September 13, (SAT) – JOINT WORKOUT, Emmett, Emmett, ID



Western Idaho Judo Institute

11. October
 - A. October 11, (SAT) – JOINT WORKOUT, ISU, Pocatello, ID
 - B. October ???, (SAT-SUN) – US Open, TBD, TBD
 - C. October 25-26, (SAT-SUN) – Rendezvous Canada, Montreal, Canada

12. November
 - A. November 8, (SAT) - Continental Crown, Seattle, WA
 - B. November 15 OR 22, (SAT) – ISU Tourney, Pocatello, ID
 - C. November 15 OR 22, (SAT) – JOINT WORKOUT @ CSI, Twin Falls, ID

13. December
 - A. December 6-7, (SAT-SUN) – Winter Nationals, Ontario, CA
 - B. December 13, (SAT) - JOINT WORKOUT @ WIJI, Fruitland, ID

This is an excellent opportunity and we hope that you and your students take advantage of it. If you have any questions or concerns, please do not hesitate to contact us via email:

Emmett Judo Club: Robert Suyehira, emuff101@hotmail.com

Idaho State University Judo Club: Sami Tadehara, tadesami@isu.edu

OR Jacob Philbrick, philjaco@isu.edu

Twin Falls/CSI Judo Club: Bryan Matsuoka, bmatsuoka@csi.edu

Western Idaho Judo Institute: Robert Fukuda, info@wiji.org

We look forward to seeing you and your students.